

Southborough LibGuide: Gardening for Kids

Celebrating Earth Day Together



The 50th Anniversary of Earth Day is just around the corner on April 22nd. This year's theme is Climate Action. We can each make a difference by doing little things like using a reusable water bottle, conserving our natural resources and planting a garden.

Let's celebrate Earth Day by gardening together! Consider planting seeds with your children indoors, which you can then plant outside together. It's easy and fun!

Getting Started

All you need to get started is:

- A container: think "re-use" rather than "recycle" and use old k cups, egg cartons or yogurt containers. (Pro tip: make sure to poke a few holes in the bottom of plastic containers to let excess water seep through).
- Potting soil
- Seeds



Easy to Grow Flowers

- Sunflowers - Cone Flowers
- Marigolds - Bee Balm
- Nasturtium - Marigolds



Cone Flowers attract bees and Bee Balm attract butterflies!

Easy To Grow Vegetables

- Lettuce - Radishes

These vegetables are considered easy and fast to grow. Kids can eat what they grow in about 25 days.



Steps to Start Your Seeds

- Fill container with potting soil
- Moisten the surface (use a mist bottle if you have one)
- Make a hole (with a pencil or your finger!)
- Put 2-3 seeds in the hole
- Cover the hole
- Put in a sunny, warm spot. Keep the soil moist and in about a week you should see some growth.
- Keep watch over them until it's time to plant outdoors

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Fun Resources for Families

Enjoy these fun books and electronic resources with your children.



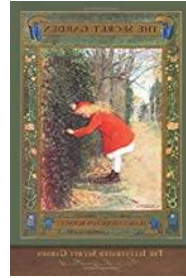
Tales of Magic: The Time Garden by Edward Eager
<https://cwmars.overdrive.com/cwmars-southborough/content/media/598991>



The Boxcar Children: The Garden Thief by Gertrude Chandler Warner
<https://cwmars.overdrive.com/cwmars-southborough/content/media/598991>

Website

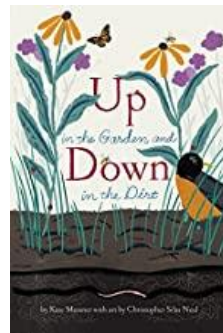
<https://www.kidsgardening.org>
Make sure to check out “Container Gardening for Kids,” “Grow Your Own Salad,” and “Seed Viewer.”



The Secret Garden by Frances Hodgson Burnett
<https://cwmars.overdrive.com/cwmars-southborough/content/media/785094>



The Locked Garden by Gloria Whelan
<https://cwmars.overdrive.com/cwmars-southborough/content/media/246302>



Up in the Garden and Down in the Dirt by Kate Messner
<https://cwmars.overdrive.com/cwmars-southborough/content/media/2056056>

Share Your Progress

Be sure to take photos and email them to rdonovan@southboroughma.com so we can post them on our Facebook and Twitter pages. Remember to use hashtag [#sbllibSeeds](https://twitter.com/sbllibSeeds)