



Summer
Advanced Tai Chi
at the Southborough Library

JULY 11 & 25
AUGUST 8 & 22
10:15 AM TO 11:30 AM



25 Main St.
508-485-5031

The regular Tuesday Tai Chi group from the Southborough Senior Center will be meeting at the library over the summer. Want to practice your poses? Or make new friends? Fellow experienced Tai Chi participants are welcome to come check it out.

Designed by 
Michelle Tremblay

