

healthy foods

with Paula Castner

Thursday, October 5th
7:00 PM - 8:30 PM

Paula Castner has many years of familiarity with food allergies as well as hypoglycemic and diabetic requirements. She brings her expertise in a fun workshop, including desserts for sampling and handouts to bring home.



<https://pajamaliving.com>

Southborough Library
25 Main Street
508-485-5031

Designed by 
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